

PRAISE FOR
CONNECT TO THE EARTH
 an eco-psychology book for children
 By Maria Yracébûrû, Ild



"I love the concept of the book! Congrats on that! There is a page about the Earth helping us feel safe at night. This is so important and you did well with it! Our children really need to FEEL that page. So many of our kids go to bed afraid every night."

– Lisa Reinicke, Award Winning Author, Novelist & Speaker



"What a wonderful offering – will help get kids started right!"

– Brooke Medicine Eagle, Metis EarthWisdom teacher



"Connect to the Earth is the guide to everyday beauty and grace in your life. In our times when we have become deeply disconnected, Maria offers us an indispensable compass and a treasure map to recover our natural birthright."

– Alberto Villoldo, Phd, author of One Spirit Medicine



“What a beautiful, charming book—I can’t wait to read it for my little great-grandchildren! It captures the depth of meaning in the concept of Connect to the Earth, but does so in such a simple, subtle way through the lovely images and affirmations. I love it!”

– Vicki Noble, Motherpeace Tarot



“Tradition is what we teach the children, thank you Maria, for blessing our future with this healing wisdom. I just read it to my nephews, and we loved it.”

– Joe Tafur MD, *The Fellowship of the River: A Medical Doctor’s Exploration into Traditional Amazonian Plant Medicine*



“Through her book Connect to the Earth, Maria Yraceburu reminds us that while we may all come from the stars, we are all natives to the earth. Connect to the Earth is a beautiful book written for the magical child that lives inside all of us. For it is the heart of the child that helps us to remember the shamanic spiritual connection to all of life and nature. As you journey through these pages may you connect to this magical part inside yourself, and remember that this magical child is inside the heart of us all.”

- Linda Star Wolf, PhD, Author, Shaman, President of Venus Rising Association for Transformation & Venus Rising University, Creator of the Shamanic Breathwork Process

“The illustrations are lovely and definitely capture the cultural spirit of the author. The book provides several entry points for children to think and wonder about their relationship to nature.”

– Stephanie Pierce, Ed.D., Assistant Superintendent of Educational Services Santee School District

“Connect to the Earth” by Maria Yraceburu is a true gem and companion as a child embarks on the life journey full of curiosity and eager to learn and to feel. It lavishly offers the seeds for self confidence, self respect and connection with Earth and all its inhabitants. At the same time the child can recognize that it is safe to feel, to express feelings and that it brings into this world its own precious and unique gifts. The beautiful illustrations by Jill Stevenson are keys to unlocking imagination, remembrance and creativity. This book will caress children’s souls with love, like a sunbeam touches the flowers and allows them to blossom!”

– River Wind – Ioanna Margaroni, Energy healer, women’s circle facilitator, yoga instructor - Greece

“This is truly a touching and powerful book. My own inner child lit up and was filled with joy as I read through this beautiful and joyous journey of nurturing and nourishing connection back to the Earth. If every child were to read this it would be a wonderful step for positive change for the Earth and all of her children.”

– Aime Miyamoto, Business Astrologer & Life Purpose Ignitor

CONNECT TO THE EARTH

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By Maria Yracébûrû, Ild

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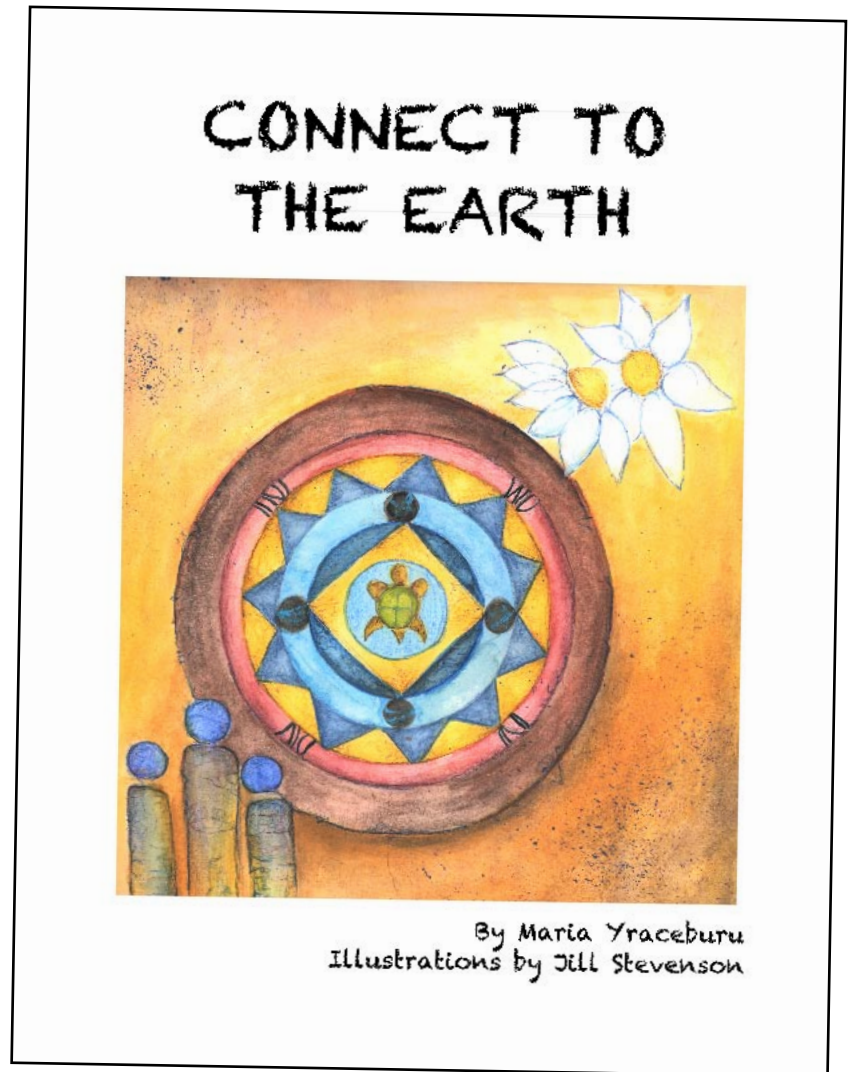
CONTACT: connecttotheearth@yraceburu.org ISBN# 978-1-387-93621-5 40 pages color

WHAT SETS CONNECT TO THE EARTH APART?

1. The key to building a good and fulfilling life is a foundation solid in loving, reliable relationships. This book offers a unique approach to creating sustainable and nurturing relationships that will help kids through just about anything.

2. Very few books focus on the extraordinary relationship that can be achieved between Earth and humans, especially at this young age. This book is a testament to the love of early imagination, and how relationships forged in nature experiences can supply the next generation with stronger immune systems, and regard for life in a way that is carried forth into human interactions.

3. Put phone, computer, etc on sleep mode, this book encourages you to get outside with the kids and PLAY!



4. By interacting with, and looking at the natural world as a viable friend, kids open up and talk about things that are happening in their lives. They become more confident in life, and are less vulnerable to situations that create victimization trauma, which has become epidemic in the world around us. For those that have fallen prey to these societal ills, it helps them find their way back from heartbreaking PTSD.

CONNECT TO THE EARTH SUMMARY

There's nothing like laying on the sun heated earth to encourage aches and pains out of an overstressed body. We all know this. Activities of this nature help kids to understand that quiet, beauty, and compassion for all things, as the author shares in *CONNECT TO THE EARTH*, calms anxiety, fear and anger. Learning and observing, and simply exploring the story is a positive reinforcement of a child's self esteem. Both the Earth and the Child benefit and a joyful path is creating – together.

Let an exciting hike, or a trip to a tidepool, inspire you and your child to breathe in the wondrous nature around us! *CONNECT TO THE EARTH*.

Press Release: Ramona Spiritual Leader Releases Children's Book about Relationship with Earth

San Diego, CA, USA - August 9, 2018

Maria Yracébûrû, an EarthWisdom elder based in Ramona, is launching a children's picture book that connects children to the value of having a relationship with Earth. Images and details of the book can be found online at www.connecttotheearth.com.

Called ***Connect to the Earth***, the book is inspired by Maria's own upbringing within nature and traditional Native American values. Earth was seen as Mother, as consoler and healer, and even as teacher.

"The idea of having a relationship with Earth opens kids to many possibilities," said Yracébûrû, who is co-founder of Yraceburu EarthWisdom (www.yraceburu.org) in Ramona. "And possibilities are what our kids need these days. I want this book to touch children's hearts and help them connect with the value of Earth as a place to find their voice and build their self esteem, no matter what state the world may be in. If they can find their voice, then they can be strong as they grow and tap magic and imagination as viable mental health tools."

Connect to the Earth features many ways to be with Earth from a child like perspective. Associated with Mother, she has special place we can go and feel love time and again as we grow, and eventually we begin to understand the interdependence of all life. Through society's separation from Earth and the rise in adhd and autism, bi-polarity and neurosis of so many kinds within the younger populus, we can see how simple moments in nature can be calming and reassuring. Once more, Mother loves and transforms children into empowerment.

"A relationship with Earth is important to all of us, and especially the kids," said Yracébûrû, who is also a teacher and author of 23 books, and who believes the book can inspire classroom discussions and activities. "Whether it's an entire day of fun in nature, or sharing the story, or even one of our [Connect Events](#) that we're developing for schools and youth groups, experience has convinced me about the value of a relationship with nature for children to feel safe and express themselves."

Yracébûrû hopes that, through the magic of the book, children will empathize with Earth and realize how their relationship with nature, like the storyline in the book, comes with love and caring. The book also touched on the challenge of feeling small when presented with certain situations, and shows what a rewarding experience relationships can be, making the book a tool that parents can use time and time again.

"Connect to Earth" will be available from all major book sellers September 15th. More about Yracébûrû and her written work can be found at www.mariayraceburu.com

For more information about the book, please visit <http://www.connecttotheearth.com>

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Maria Yracébûrû, Ild Connect to the Earth

Maria Yracébûrû is author of **CONNECT TO THE EARTH**, and 23 other books on Earth Wisdom. From the day she was born, Maria knew a life that was steeped in Native American stories and principles of ecopsychology. The first ten years of her life she tracked butterflies, played in nature – pristine nature became an awe-inspiring friend. The greatest pleasure in her life has been sharing her knowledge with others, teaching kids and adults, and bringing them into a healing relationship with “Earth Mother.” Twenty years later, many of the kids within her community have entered college, pursuing careers in environmental science, ecopsychology, and permaculture – and oh how she feels fulfilled!

She hopes this story will remind others of how much they are supported, as they grow older and find the happiness and security everyone dreams of. Maria’s goal has been to inspire others to live fun and fulfilling, yet responsible lives that deepen relationships, perpetuate self-esteem, and encourage everyone to seek their own **CONNECTION TO THE EARTH**.

Maria and her life partner live in San Diego, California, on a ranch, where they do what they love most... sharing.



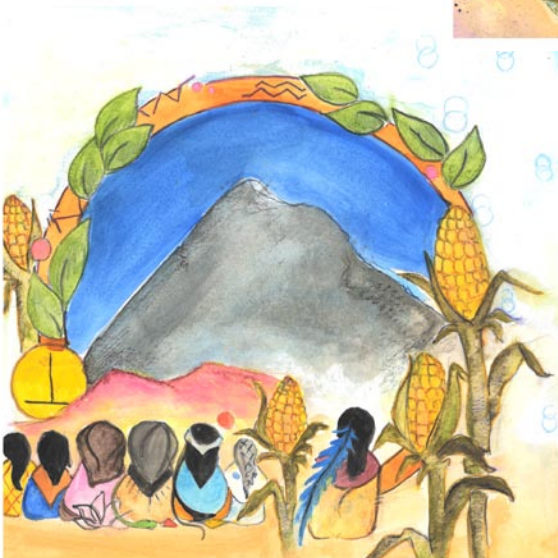
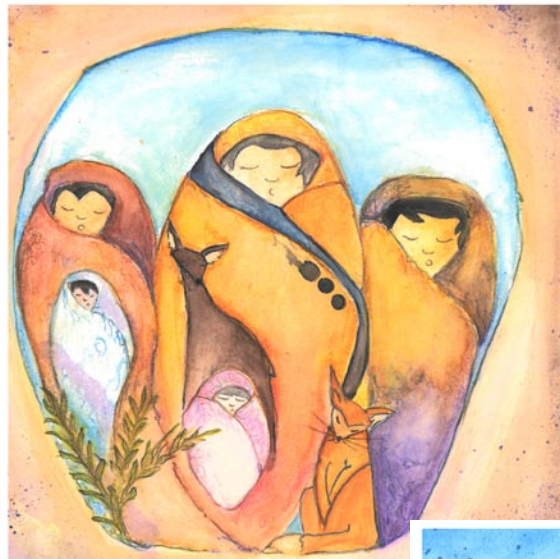
In addition to the forthcoming **CONNECT TO THE EARTH**, Maria Yracébûrû has written numerous best selling books, a number of which have been translated into Spanish, German, French and Italian.

- *Plant, Stone and Animal:*
365 Prayers to Heal Humanity’s Soul
- *SpiralDancing Life:*
practical earthwisdom for 5th World Living
- *Legends and Prophecies of the Quero Apache*
- *Prophetic Voices of the Sisters of Honua*
(women’s anthology)
- *Prayers for Now*
- *Touched by the Clouds:*
a Lightning Shaman’s Initiation
- *Wisdom of the Rainbow Serpent*
- *Words of Power*
- *Essays on Identity*

Maria serves as monthly PrayerMaker for the *Sedona Journal of Emergence* and is co-founder of Yraceburu EarthWisdom

Connect to the Earth

Illustrations by Jill Stevenson



CONNECT TO THE EARTH HELPS WHEN I GET LOST

Too small to be alone, I look around.
How did I get here?



Earth looks at me and smiles.
I feel happy. I don't feel alone.
Now I sleep safely at night.

Q&A

Q: Why is *Connect to the Earth* important to the average child?

A: A relationship with Nature teaches children how to interact with fantasy, reality, and other life forms. When a child is taught how to safely play in nature, and be aware of the events happening around them, through observation, they find growth that allows them to be confident in having a voice around humans, and perpetuate value.

Children are so impressionable that we all fully acknowledge they are way beyond us. And yet, the move away from the natural world has perpetuated more traumatic events within human relationship than one cares to admit. Children are shut down in their ability to speak their truth, and the last person they want to trust is an adult, and we have reinforced this with our own anxieties over the future. We have learned that earth has a natural calming affect on the nerves, and a healthy relationship with nature naturally produces longevity in life.

We are not separate from life, we are all a part of life. The vital understanding of where we fit in begins with our first play in the yard. And we build upon that as we grow.

Q: What does Earth, a supposedly inanimate object, have to offer us?

A: Well, first off I wouldn't consider her inanimate. In the way I was raised she is every bit as alive as you and me. But don't get me wrong, we're not dealing with a religion here, nor my spiritual beliefs. We're looking at how nature heals, what has come to be known as eco-psychology. Imagination, and helping children understand a relationship with an animal, a stone, a plant, in the same perspective as they might relate to Grandma or Grandpa as a supportive figure in their life, can be a major support mechanism that allows for healing and growth to occur in a natural way.

Kids contain this natural curiosity, and imagination before we start the socialization process, which usually has them dancing the house singing, building castles in the sand, and allowing life to happen in a gentle, yet stimulating flow. The incidents of PTSD and hyperactivity in kids encouraged to embrace nature are much less.

By losing our "comfort zone" in nature – that ability to not be afraid – we become disconnected, possessing the potential for an abusive nature, in fear of losing control of our lives. We ignore what's happening around us and it all becomes a "either them or me" struggle for survival. Our kids follow our example and perpetuate our story of dysfunction and pain to the next level of separation – isolation. The damage that we wreak on one another is the polar opposite of the road to peace, which we all claim we want to create. It's a contradictory lifestyle that drives everyone slightly insane.

Q: Why are pets so important?

A: Having a pet is the start of empathy – we all love to snuggle down with our favorite critter when we’ve had a bad day. Through the empathy we have with a family pet, endorphines are activated in our brain that help us maintain a sense of well-being, become victorious with the battle of depression, and reconnects us in some ways to our natural way of being.

We stimulate good disposition, a drive to explore and learn more, passion and companionship are engaged, we find the sweet spot of knowing we are loved, through our interactions with pets. Our body has less physical pain, we detox toxins, and gain longevity in life.

BLURB

Don’t have room for a whole review, Q&A, or article? Then just grab this ready-to-use promo blurbe and slot it in where you’ve got space. Thanks so much for getting the word out!

CONNECT TO THE EARTH

Does searching tide pools, watching birds soar, and going rock hunting sound like fun? Then check out the calming influences of ***CONNECT TO THE EARTH***. Join the author and her imagination as they explore relationship with Earth and the wonderful nurturing that illustrates “safe space.” Through vivid illustrations by Jill Stevenson, and a magical concept from Maria Yracébûrû, children learn that Earth ALWAYS SUPPORTS LIFE.

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