

Planting Seeds in a Sacred Way

Your soil has now been prayed over, fed by your caring love. It's time to plant our seeds and return our pots to their place in the warm sun. We decided on our bedroom window which faces kind of southeast-south.

Smudge your pots of soil and your seeds. Divide seeds into piles of three: Past Present Future.

Three seeds will go into each pot, three prayers will be said for each. Before you put the seed into the pot, put it into your mouth and hold it for 10 seconds in your saliva. Then plant it and pray. Make your hole big enough for all three seeds, and cover when the final prayer is said. The same prayers and actions happen for every pot you plant. We have four apeiice. So we will do this a total of 4 times each.

1st Seed Past: I look with excitement at our world in chaos. It signifies growth - intellectual, emotional and spiritual. Old ideas bound me. I dare to dream new dreams and go where they take me with confidence. Aho! (plant the seed)

2nd Seed Present: Offering my love, I am blessed. I ask Spirit to guide me in a way I will clearly understand, so that I may serve myself and others in a good and right way. Thank you. Aho! (plant your seed)

3rd Seed Future: I am guardian of a powerful legacy. We gather here to attune to our higher nature. Whatever we envision, we will create. The images we send out into the universe will determine what the future will be. Aho! daaiina... and so it is.

Put your pots back in the window sill, and feed every morning a pinch of masa or corn pollen. Pray every night, water when dry. Prayer every night after _ Our blessings are many today, through the sacredness of honoring. Our dreams and experiences nourished and natured by All That Is. I am grateful. Love breeds love. I shower it upon myself and others and relish the growing sense of self emerging. aho!

On March 18th, we will announce to the directions...